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Racial data 'critical'

SHOOTINGS

Groups decry willful blindness over number of black men killed

As Toronto protesters join the list of communities rising up against police shootings of black men, there is a gaping hole in the intensifying debate: No figures exist to show how many black people have been shot and killed by Toronto police.

No race-based statistics on fatal police encounters are kept by province's police watchdog — or Statistics Canada, Toronto police or the Ministry of Community Safety and Correctional Services. The lack of data is part of a Canadawide trend that researchers and activists have long decried as willful blindness.

"It's remarkable in a country as developed as Canada, with as developed a criminal justice system and data collection on everything from carding to criminal record to number of tickets that you get, that you cannot find good information on police-related shootings — at all," says Scot Wortley, a University of Toronto criminologist.

Last month, a coalition of black advocacy groups called for Toronto police to address the role race plays in fatal interactions, citing several cases of black men shot by police in recent years — including Michael Eligon, Reyal Jardine-Douglas, and O'Brien Christopher-Reid.

On the list of demands issued by the groups was that Ontario's Special Investigations Unit, the civilian watchdog that has probed every fatal police shooting in Ontario since 1990, release anonymous but detailed data of its cases, including information about racial background.

"It's absolutely critical for us to have this information, to address the problem of the overrepresentation of black people in these use-of-force incidents," said Anthony Morgan, a lawyer with the African Canadian Legal Clinic.

The SIU, however, will not release data detailing the race of those killed by police, because it does not collect that information.

Shooting victim O'Brien Christopher-Reid. CONTRIBUTED

"We currently do not keep these types of statistics. Should race, mental health or other issues become relevant as a particular case proceeds, we would assess and investigate accordingly," Monica Hudon, spokeswoman for the SIU, said in an email.

The Office of the Independent Police Review Director, which investigates complaints about police that do not involve serious injury or death, also does not keep race-based data. Statistics Canada's Canadian Centre for Justice Statistics, meanwhile, tracks fatal police shootings only if an officer is criminally charged. Even then, it does not keep statistics on race.

The only statistics kept on police shootings by the Ministry of the Attorney General are the caseload and statistical information that SIU submits in its public annual report.

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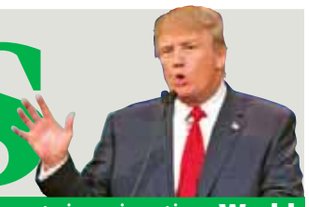

Trump's policy paper targets immigration. **World**

Toronto's Zombie Walk to receive proper burial

DEAD AND GONE

Time capsule to be interred at funeral for late institution

Gilbert Ngabo
Metro | Toronto

The event started as an art project led by seven people and had grown to attract thousands. TORSTAR NEWS SERVICE FILE

The brains behind Toronto's Zombie Walk won't let it head to the great beyond unnoticed.

Instead — saddened by the cancellation of this year's march — organizers are planning an Aug. 29 funeral at Trinity Bellwoods Park.

And, as you might expect, it will be filled with the most undead spirit enthusiasts can conjure.

"It was not an easy decision," organizer Stefania Zanini said about cancelling the annual walk. "We created this sense of family, and its inclusiveness and diversity is going to be a huge loss for the city."

The walk, carried out each October for more than a decade, was cancelled because organizers couldn't pull together enough money to pay for the necessary permits and security.

As the event grew — hitting about 15,000 participants last year — annual costs had climbed to about $50,000.

The goal, Zanini said, is to find a permanent sponsor that can resurrect the walk in the future. It was, she said, very special for a lot of people.

After all, "the idea of walking together with zombies taking over the neighbourhood and feeling a part of the community is really a beautiful thing," Zanini added.

During the funeral, which starts at 2 p.m., loyal zombie walkers will fill a time capsule to preserve the event's legacy.

Later, they'll meet at the CNE for an official wake.

The first 100 people who contribute to the time capsule will earn tickets to the expo.

A SHALLOW GRAVE

The Zombie Walk may be dead, but the zombie craze itself isn't going anywhere, said Chris Alexander, Toronto-based horror film writer and director.

"They are the closest reflection to what we are as species, a mirror to our own mortality," he said.

As for the future, a revamped — possibly high-tech — werewolf could be the next hot thing, he said.

SAFETY

Teens charged with car surfing

Police in Burlington say that when they stopped a vehicle Sunday morning over reports of a man riding on the roof, the car surfer was still holding on to the racks.

The vehicle was travelling westbound on Highway 403 in Ancaster around 6:15 a.m. Two men in their late teens from Ancaster have been charged.

"This incident had the potential for disastrous results," police wrote in a news release.

In 2012, 19-year-old George To of Mississauga suffered irreversible brain injuries after a car-surfing incident. His friend Daniel Ciliman, 19, was sentenced to 75 days in jail for the driving stunt.

Royal Virk, 19, died in 2013 after falling from a moving Honda Civic in Brampton. The alleged driver, a 16-year-old boy, was charged with criminal negligence causing death and dangerous driving causing death.

Police remind the public to "exercise good judgment and refrain from engaging in dangerous behaviour" while on the roads.

Sunday's alleged rooftop-rider, 18, has been charged with failing to occupy a position with a seat belt.

Lorne Andrew Hamilton, 19, has been charged with dangerous driving and is scheduled to appear in court on Sept. 18.

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Splitting wards and shifting power

Analysis Early next year, city councillors will decide how Toronto's electoral map will look during the next civic election. An independent group of consultants has come up with five options for slicing and dicing wards in an effort to make them represent roughly the same number of voters. Expect council's decision to be a difficult one. Since the number of wards decides the size of council, the biggest question has been how many councillors the city should have. A Metro analysis of the options shows there are other important things to consider.

JESSICA SMITH CROSS METRO

1 A SHIFT IN POLITICAL IDEOLOGIES

In a city where major issues are often decided by a vote or two, a small shift in the ideological balance of council can make a big difference.

It won't be possible, of course, to know the ideological makeup of the next council until members are elected. But the electoral map will be influential.

For example, the first of the five recommended options, called "minimal change," adds three new wards in areas of the city that are seeing a lot of growth.

The rest of the wards are left mostly unchanged.

Two of the new wards would be added to the city's centre, where people have typically elected left-leaning councillors.

That could potentially shift the ideological balance of council to the left.

Of course, there are other options and some of them work out differently.

For example, the second of the proposed options, which keeps the existing 44 wards but resizes them to distribute the population more evenly, doesn't have an immediately apparent impact on ideological balance.

The Village is one neighbourhood that could see a big change as part of the city's review of council wards. LIZ BEDDALL/METRO

2 UPSETTING THE REGIONAL BALANCE

The number of wards allotted to pre-amalgamation cities varies across the options.

Take Scarborough, for example: In the fifth option, which would slice the city up along "natural and physical boundaries," 10 of 41 wards are in, or mostly in, Scarborough.

This would provide it with the theoretical weight of roughly one quarter of council's votes.

Scarborough has the same number of wards — but relatively less of a political voice on council — in the "minimal change" option, where it is home to 10 of 47 wards.

3 COMMUNITY, DIVIDED

Coun. Kristyn Wong-Tam represents Ward 27, which includes the LGBT community hub of Church and Wellesley.

Her ward is one of the wards containing far more residents than average.

While she likes the idea of evening out wards based on population, she doesn't want to see the Church and Wellesley community split up with a ward division.

Two of the recommended options, one calling for small wards for a total of 58 councillors and the other that runs along natural boundaries, split the village down the centre, along Wellesley.

Wong-Tam doesn't support that change.

"There is an argument to be made that communities of interest should not be split," she said.

"There are certain places where you have cultural identity and cultural linkages that need to be maintained."

FIND OUT MORE

How it could affect you

How would your community be affected by the various options for Toronto's new election wards?

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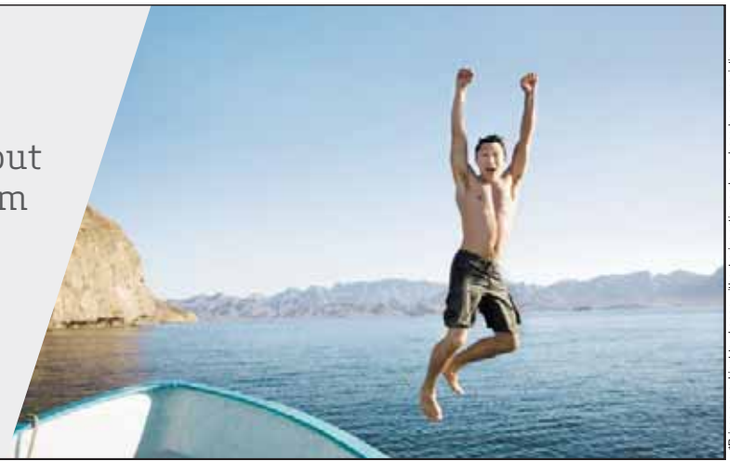

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‘For sure we’ll rebuild’

PUSATERI’S

Fire causes extensive damage to flagship store

Pusateri’s president Frank Luchetta says the Toronto grocery store will rebuild after a “devastating” fire Saturday that heavily damaged the family-owned flagship location on Avenue Road, north of Lawrence.

“For sure we’ll rebuild,” said Luchetta, who was at the site Sunday with a provincial fire marshal who had been called in to investigate. “We have to assess the damage and see what’s salvageable.”

The damage “is pretty extensive, from what we’ve heard from firefighters,” said Luchetta. The building is structurally sound, he said, but there was extensive water damage from sprinklers as well as from smoke.

Fire marshals are called in when there’s a death, a suspicion of arson or damage estimated at $500,000 or more.

By Sunday afternoon, no one had been allowed back into the 35,000-square-foot building that houses a grocery store and the company’s head office, which together employ about 180 workers in total.

The store closed at 7 p.m. Saturday, and the last employee left around 7:45 p.m. before the cleaning crew came in, said Luchetta. Alarms went off about an hour later, and the building was evacuated.

Firefighters who were first on scene Saturday night after the 8:45 p.m. call encountered a tremendous amount of smoke and heat, said Toronto district fire chief Stephan Powell. TORSTAR NEWS SERVICE

Firefighters battle a three-alarm blaze at Pusateri’s on Avenue Road near Lawrence Avenue W. Saturday night.
JOHN HANLEY/TORSTAR NEWS SERVICE

Due to lane closures commuters are advised to carpool, take an alternative route or take transit when going to work.
ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

TRAFFIC

Good news, bad news on the roads

The good news for solo drivers: special HOV lanes created for the Pan Am/Parapan Am Games are being taken out Tuesday. The bad news: on Wednesday, construction on the Gardiner Expressway resumes. So there goes that extra lane.

High-occupancy vehicle lanes on sections of the 401, Don Valley Parkway, QEW, Gardiner Expressway and Lake Shore Boulevard have been restricted to vehicles with Games permits, taxis, buses and cars with at least three people (or two, during the Parapan Games).

While the hoopla is over now, the lanes will remain restricted until Tuesday to allow athletes, their families and dignitaries to get home.

But when it comes to commuting in Toronto, if it’s not one thing, it’s another. Construction interrupted for the Games resumes Wednesday to replace the deteriorating deck of the elevated portion of the Gardiner, between Bathurst and Strachan. Traffic will be reduced to just two lanes in each direction until the project is completed at the end of October.

The lane closures will extend beyond construction zones to help with traffic flow, the city says, and commuters are advised to carpool, take alternative routes or switch to transit. TORSTAR NEWS SERVICE

IN BRIEF

Man dead after collision
One person is dead and two others are in hospital after a multi-vehicle collision in Scarborough early Sunday morning.

Police said the collision — involving three vehicles — occurred around 12:40 a.m. in the intersection of Bellamy Road N. and Lawrence Avenue E.

A 26-year-old male passenger was pronounced dead in hospital. A male driver, 23, was transported in serious condition. A female victim was also transported to hospital, according to police. TORSTAR NEWS SERVICE

Woman found dead in her home; son arrested
Peel Regional Police have arrested the son of a middle-aged woman found dead by police in her Brampton home Saturday.

Homicide investigators were called to the home on Kennedy Road S. after police responded to a 911 call from inside the building by a male caller.

Const. Fiona Thivierge, speaking to media at the scene, said she could not say if the caller was the man taken into custody at the same location.
TORSTAR NEWS SERVICE

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METROLINX

A growing election issue

ELECTION 2015

Tory approach to situation may cost votes in key ridings

Luke Simcoe
Metro | Toronto

When voters go to the polls Oct. 19, the fate of Toronto's Rouge Park may hang in the balance.

A plan to expand the park by merging parcels of provincial and federal land has been stalled since spring, when the two levels of government failed to reach an agreement on environmental protections.

The province has refused to turn over more land to Ottawa unless stronger environmental rules are put in place. The federal government, meanwhile, says the Rouge National Urban Park Act already affords the park its "strongest ever" protection, a claim critics — including the province, a host of environmental groups and a former Parks Canada chief scientist — have disputed.

"The federal legislation that was passed is pathetic in terms of how weak it is," said Jim Robb, general manager of the Friends of the Rouge Watershed.

Robb said the wording of the act is too vague, and could leave the park — and its fragile ecosystem — vulnerable to exploitation.

Brad Duguid, Ontario's Minister of Economic Development and the MPP for Scarborough Centre, accused the federal Conservatives of being "stubborn" and "intransigent" on the Rouge file.

He believes the outcome of the federal election may well decide the future of the park.

"Change in Ottawa would open the door to bringing forward new legislation that would be at least as strong as the provincial legislation and allow us to transfer the land and make Rouge Park a reality," he said.

Duguid said the federal Liberals and the NDP have indicated they would support stronger legislation.

The Conservatives' handling of the Rouge will come back to haunt them in key battleground ridings, Robb said.

"I think it will be an issue throughout the eastern GTA," he said. "It's symbolic of the government's lack of respect for environmental standards and commitments."

Toronto's largest park is 13 times as big as New York City's Central Park and 33 times the size of Hyde Park in London. TORSTAR NEWS SERVICE FILE

> **An urban national park without the proper environmental protections is of no benefit to the people.**
> MPP Brad Duguid

TRANSIT

Union in upheaval — again

The construction reprieve for GO Transit passengers at Union Station has been short but sweet.

GO Transit's east concourse on Bay Street will close Sunday for about two years as the space is expanded to 61,000 square feet from 40,000 square feet.

GO train riders will still be able to buy tickets and board trains off the enclosed Bay Street teamway, but GO Transit's main passenger area has been relocated to the new York concourse on the west side of the station. Additional staff will be available to help with the transition.

Downtown commuters may feel like the dust just finished settling on the York Street concourse, which opened April 27 after an unexpectedly long four years of construction. The entire Union Station project was originally scheduled for completion in 2015, but is two years behind target.

Richard Coveduck, Toronto's director of design and construction, said the project is "one of the most challenging jobs in the world." TORSTAR NEWS SERVICE

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Doc to tell trans activist's story

LGBT

Director says current events make film important

Jessica Smith Cross
Metro | Toronto

A documentary about the extraordinary life of Toronto activist Susan Gapka is coming at a pivotal moment for the trans community.

"We're in this new age," Gapka said. "We've got I Am Cait on Sunday night, and we've got I Am Jazz on Wednesday nights on television."

Growing up in difficult circumstances on the military base in Trenton, Gapka ran away to Toronto at 17. From there, she became homeless, rebounded, transitioned, earned two degrees and became an activist for transgender and housing rights.

It's the sort of journey that makes for a good script — and a bit of inspiration.

"There has been so much progress in the last five or 10 years, I thought it was important to tell that story, so we can remember the struggles," Gapka said. "Younger people are going to grow up, hopefully, without having to go through some of the things we had to."

Lisa Rideout, director and founder of Lifted Eyes Media, said what's happening today is important to the documentary's timing.

Gapka has spent much of her life working to have the world better understand and accept transgender people. Now that trans people's stories are trending in pop culture, there's a broader platform for her story, Rideout said. But, the timing's also "tricky," she noted.

"I want this film to be about so much more than Susan being a trans person. That's just part of her personality, just one aspect, not her defining characteristic," Rideout said. "It's great there's this platform, but it's tricky because I don't want her stuck in this box that that's all she is."

Gapka's happy to be part of the documentary, but said the crowdfunding campaign that made the project a reality was a little "uncomfortable."

"I've done a lot of public work, and could be called a public figure in some regards, but funding for a film where I was the centre of attention was unnerving," she said.

> **"I thought it was important to tell that story, so we can remember the struggles."**
> Susan Gapka

The most difficult part will be allowing the filmmakers inside her early life, Gapka said.

"I'm feeling very vulnerable about what that brings up," she said. "It's going to raise some stuff, going back there."

The Trenton-Belleville area has change a lot over the last 40 years, she said. There's now a Pride Parade and a trans youth group that meets weekly in Belleville — something she never would have imagined possible when she was young.

"That's why I came to the big city lights, Toronto," she said. "But I can tell you, growing up I never thought I would be who I am today."

Activist Susan Gapka is the focus of a show being produced with money from a $24,000 crowdfunding campaign. TORSTAR NEWS SERVICE FILE

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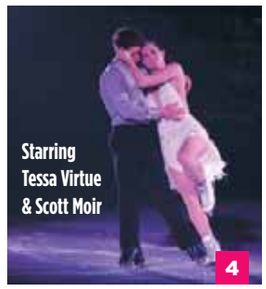

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Blue Jays' leaves fans thrilled and relieved

BASEBALL

Supporters' faith renewed in playoff spot

Gilbert Ngabo
Metro | Toronto

Toronto Blue Jays supporters Rick Donaldson and Sue Jewhet celebrate outside the Rogers Centre following a 3-1 victory over the New York Yankees, Sunday afternoon. LIZ BEDDALL/METRO

You'd have thought they just won a World Series.

They jumped and danced as they exited Rogers Centre, none of them seeming in a rush to leave.

While the call was about sweeping the New York Yankees again over the weekend, Blue Jays fans were thankful the reverse was barely avoided on Sunday. It was the kind of win that sends dad and son home dancing.

"We loved it. It was a great game, and we are really happy we won today," said Sandy Ellis, as he danced out the 3-1 win outside Rogers Centre, flanked by his all-smiles son Logan.

"It was awesome," the little Ellis interjected.

Since the Jays swept a three-game series in New York earlier, the excitement in the city was high, with fans hoping the home team could hold on to the top seed of the American League East standings. Having acquired pitcher David Price and shortstop Troy Tulowitzki fed into the hype, and a city that hasn't made the post season since 1993 suddenly felt like a contender.

Despite consecutive losses Friday and Saturday, those who've been supporting the team all along didn't lose hope.

"I kept thinking that we are going to win, no doubt about that," said Sue Jewhet, a long-time Jays fan. Sweeping the Yankees would have been good but no hard feelings for players, she said. "You know what? You can't always have a winning streak," she said as she danced to the drums and "let's go Blue Jays" shouts of Rick Donaldson, the famous Blue Jays drummer.

"We're going to lose a few games but we've got to recollect and keep going."

Meanwhile, Ellis and his son are looking to the near future with a sense of relief and hope for the playoffs. "The Yankees are out of our path till later on. And that is just great," he said.

Logan Ellis and his dad Sandy. LIZ BEDDALL/METRO

RECREATION

Cosplayers show their stuff in High Park

Lee Ann Ng fiddles with her bunny ears and a big black bow.

"Does it look all right?" she asks a friend.

After receiving a once-over and an affirming nod, she smiles and strikes a pose — just like that, she becomes someone else. The 24-year-old has been an active member of Toronto's cosplay scene since she was a teenager.

The term cosplay is a combination of the words costume and play and refers to elaborate costumes that mimic or seek to re-create the look of favourite characters, often from anime, video games or comic books.

Ng has a closet full of costumes, many of which she's made and maintains by hand.

When asked why she spends hundreds of dollars and hours each week working on costumes, the answer is simple:

"You get to be someone different for a day," she said.

Ng isn't alone.

On Sunday more than 100 people descended on High Park for the GTA Summer Cosplay picnic.

The annual event is an opportunity for the close-knit cosplay community to get together between bigger events such as Anime North, which takes place in May and has proven so popular that this year attendance was capped at 20,000 to prevent overcrowding.

"We give people an excuse to get dressed up, to hang out and to have fun," said Roger Senpai, one of the picnic organizers, who added that the event has grown every year.

Cosplay has become a popular hobby in recent years. Thousands flock to festivals around the world, especially in Japan where the practice is so popular there are restaurants dedicated to dressing up.

Lee Ann Ng and Kathy Ho have fun at the cosplay summer picnic Sunday. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

A variety of costumed heroes and villains were on hand for the picnic. Characters ranged from the obvious to obscure, each costume lovingly created and proudly worn.

TORSTAR NEWS SERVICE

David Buwalda shows off a Brompton bike at the Open Streets Festival at Spadina Avenue and Bloor Street. LIZ BEDDALL/METRO

Straight outta Brompton

EVENT

Get on your tiny bike and test your downtown T.O. knowledge

Gilbert Ngabo
Metro | Toronto

The Brompton Urban Challenge is making its North American debut this year, and Toronto bikers will soon have their turn.

The social event puts participants' knowledge of the inner city to the test, while at the same time examines how bike-friendly the city really is.

"The challenge is really less of a race or competition and more of a fun-filled experience for the people who take part," said David Buwalda, events coordinator at Curbside Cycle.

The bike shop in the Annex is Toronto's go-to place for ordering and customizing a Brompton and is at the forefront of organizing the challenge.

Buwalda got his first Brompton over seven years ago when he was working in Singapore. The little folding bikes are very popular there, as they are the only type of bicycle allowed on public transit. He brought one home and hasn't owned any other type of bike since.

"It becomes like a household person, like a roommate, almost, or like a puppy," he said.

Because of its flexibility, the bike can be kept in the trunk of a car or in the office, and riders don't have to look for parking, he said.

"Even in places like condos where they have rules against bikes, I can carry it, and security is happy with that. It doesn't take up any space."

With more people adopting active transportation, Bromptons have seen an uptake in Toronto, Buwalda said.

The upcoming challenge will send participants — individually or in groups of up to four — on a scavenger hunt. Armed with about 10 clues, they'll need to find a piece of public art, then take a portrait of it with their Brompton and tweet it to the organizing committee.

The winner will be chosen based on innovation, creativity and fun, said Buwalda.

"We hope it will feed into the promotion of bicycle culture," he said.

MORE DETAILS

- The Brompton was invented by Andrew Ritchie in the 1970s. It is a small, 28-pound bike that can be folded up to a third of its size for easy transportation and storage.
- The Brompton Urban Challenge started five years ago in London, U.K. Its North American debut will see competitions in Toronto, New York City, Oakland, Minneapolis and Washington, D.C.
- The challenge takes place on Aug. 29, starting at city hall and ending at the Toronto Island.

LAW ENFORCEMENT

Public to be given a voice on carding

Luke Simcoe
Metro | Toronto

Torontonians will soon get a chance to tell the province what they think about the controversial practice of police carding.

The Ontario Ministry of Community Safety and Correctional Services is coming to the city Sept. 1 as part of a series of consultations about police street checks.

Details of the consultations — also scheduled in Ottawa, Brampton, Thunder Bay and London — have not been released.

Critics of street checks have said the practice amounts to racial profiling, while Toronto police — including Chief Mark Saunders — have claimed it makes communities safer.

"It's important that we get feedback from Torontonians and all Ontarians on this issue."

The consultations are part of a broader move to introduce provincewide regulations around carding.

"It's important that we get feedback from Torontonians and all Ontarians on this issue," a ministry spokesperson told Metro.

In addition to the Sept. 1 event, Scarborough-Guildwood MPP Mitzie Hunter is hosting a discussion on carding from 6 to 8 p.m. on Aug. 26 at Progress Church (4242 Kingston Rd.).

Ontario Corrections Minister Yasir Naqvi will be in attendance.

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HOSPITALS

Critics pore over high EMS payments

Critics say the Ontario government should pay the bill when patients are forced to take air or ground ambulances because their local hospital doesn't offer the service or treatment they need.

The Liberals made a deliberate decision to allow only certain hospitals to offer services such as neo-natal or cardiac care, which forces patients in northern Ontario to travel great distances, said New Democrat health critic France Gelinas.

Hospitals in northern and rural Ontario are "shells of what they used to be," and offer very little in the way of actual services for many patients, said Gelinas.

"They stabilize you long enough for Ornge (air ambulance service) to ship you out," she said. "This has become our hospital service in northern Ontario, and hospital services are covered by medicare and should be covered by the government."

The recent case of an Alberta woman hit with a huge bill for an Ornge air-ambulance ride from Timmins to Sudbury highlights the problem, said Gelinas. Staff at the Timmins hospital advised Amy Savill to fly to Sudbury because they were unable to care for her safely after she went into labour prematurely.

"Timmins should have had a neo-natal unit to handle the needs of her newborn baby," said Gelinas. THE CANADIAN PRESS

SKYWARD COSTS

According to Ornge, a one-hour flight on a helicopter ambulance can cost between $8,000 and $10,000.
THE CANADIAN PRESS

Harper's rivals keeping spotlight on Duffy affair

ELECTION 2015

Prime Minister denies parallel to sponsorship scandal

Stephen Harper called any comparison between the Mike Duffy affair and the Liberal sponsorship scandal "absurd" as the Conservative leader faced more questions on Sunday from reporters and attacks from his opponents about the senator.

The Duffy issue stayed in the election campaign spotlight after revelations emerged last week during the senator's fraud, breach of trust and bribery trial.

Harper was reminded Sunday by a reporter how he wouldn't accept claims years ago that former Liberal prime minister Jean Chrétien and then-finance minister Paul Martin knew nothing about the sponsorship scandal in the 1990s.

The Tory leader was then asked to explain the difference between that situation and the Duffy affair, which Harper has insisted he knew nothing about.

"Look, in the Liberal sponsorship scandal $40 million of Canadian taxpayers' (money) disappeared," Harper said.

"So, I think the comparison is absurd.

"This case we have a senator whose expenses, in our judgment, were not justifiable and my response was that he should pay those expenses back."

Harper's rivals sought to keep the Duffy issue alive on Sunday as the campaign entered its third week.

Liberal Leader Justin Trudeau, right, greets NDP Leader Thomas Mulcair during a campaign stop at the annual Pride Parade in Montreal on Sunday.
GRAHAM HUGHES/THE CANADIAN PRESS

Liberal Leader Justin Trudeau sent an open letter to Harper, demanding explanations to alleged contradictions and inconsistencies in his statements, and those of some of his cabinet ministers.

In the letter, Trudeau also called on Harper to fire members of his team who were allegedly involved in a Duffy coverup.

"Mr. Harper continues to ignore the calls for answering questions, for explaining why he keeps these people who have been involved in part of a coverup to hide the truth from Canadians — why he continues to keep them around him, indeed, running his campaign," Trudeau told reporters in Montreal, where he attended a Pride event.

> **On October 19, Canadians will get a chance to fire that person responsible for the whole mess — and that is Stephen Harper.**
> New Democrat Leader Thomas Mulcair

Last week, Harper said the "vast majority" of his staff were unaware of a scheme to fake Duffy's personal repayment of Senate expenses. The statement marked a shift from Harper's previous position that only one person was aware.

PM Stephen Harper. SEAN KILPATRICK/THE CANADIAN PRESS

One of the people informed about the plan by Harper's then-chief of staff, Nigel Wright, to repay Duffy's expenses was Ray Novak, Harper's current chief of staff, close confidant and a senior Conservative Party campaign director.

New Democrat Leader Thomas Mulcair was asked Sunday whether some of Harper's staffers should lose their jobs over the Duffy scheme.

"Well, I think somebody should be fired for the whole Duffy-Wright affair," Mulcair said in Montreal, where he also attended the Pride event.

"On October 19, Canadians will get a chance to fire that person responsible for that whole mess — and that is Stephen Harper."

Mulcair also took a shot at Harper for "systematically" staying away from gay pride parades in Canada.

"It's a way of showing that you respect rights and that you want to remove discrimination," he said. THE CANADIAN PRESS

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PRESIDENTIAL CAMPAIGN

Trump targets Mexicans in policy

The U.S. presidential campaign of Donald Trump has entered a new phase: that of releasing a few policy specifics spelling out how he'd govern.

In an indication the reality star-businessman intends his presidential run to be more than a mere celebrity stunt, he's hired staff in early primary states and he released his first platform paper Sunday.

The eight-page paper on immigration threatens the Mexican government, the business community and millions of families living in the U.S. under uncertain legal status.

One section explains how he would build a multibillion-dollar wall across the southern border of the U.S. and get the Mexican government to pay for it.

Trump says he'd apply financial pressure until the Mexicans pay up. He says he'd impound cross-border remittance payments linked to illegal wages; hike fees for work visas for Mexican CEOs and diplomats; and increase fees for border-crossing cards and NAFTA worker visas from Mexico.

He would triple the number of U.S. immigration officers; end job visas for foreign students; defund so-called sanctuary cities that shelter undocumented migrants; detain and deport undocumented migrants; suspend the granting of green cards until more unemployed Americans enter the work force; and end automatic citizenship for babies born in the U.S.

Trump has also said he'd undo President Barack Obama's executive orders, including one that granted residency rights to the children of people who entered the U.S. illegally.

Those actions would affect millions of people.

THE ASSOCIATED PRESS

Downed plane spotted in Papau

INDONESIA

Local villagers report seeing aircraft crash into mountain

An airliner carrying 54 people went missing Sunday during a short flight in bad weather in Indonesia's mountainous easternmost province of Papua, and rescuers were heading to an area where villagers reported seeing a plane crash into a mountain, officials said.

The Trigana Air Service plane was flying from Papua's provincial capital, Jayapura, to the Papua city of Oksibil when it lost contact with Oksibil's airport, said Transportation Ministry spokesman Julius Barata. There was no indication that the pilot had made a distress call, he said.

The ATR42-300 twin turboprop plane was carrying 49 passengers and five crew members on the scheduled 42-minute journey, Barata said. Five children, including two infants, were among the passengers.

Relatives of passengers on the missing Trigana Air Service flight stand in front of its closed offices at Sentani airport in Jayapura on Sunday, showing concern about the unaccounted-for twin turboprop plane carrying 49 passengers and five crew members.
THE ASSOCIATED PRESS

Local media reports said all the passengers are Indonesians. The airline did not immediately release a passenger manifest.

Oksibil, which is about 280 kilometres south of Jayapura, was experiencing heavy rain, strong winds and fog when the plane lost contact with the airport minutes before it was scheduled to land, said Susanto, the head of Papua's search-and-rescue agency.

Residents of Okbape village in Papua's Bintang district told local police that they saw a plane flying low before crashing into a mountain, said Susanto, who, like many Indonesians goes by one name. He said about 150 rescuers were heading to the remote area, which is known for its dense forest and steep cliffs, and would begin searching for the plane early Monday.

Okbape is about 24 kilometres west of Oksibil.

UPDATE

Rescue officials said late Sunday that a search plane had located the wreckage.

There was no word at press time regarding any survivors. Officials said the wreckage was spotted 12 kilometres from its destination.

At a news conference Sunday night at the transport ministry in Jakarta, officials said they would not have any details on the villagers' report until rescuers reach the area.

Much of Papua is covered with impenetrable jungles and mountains. Some planes that have crashed there in the past have never been found.

Dudi Sudibyo, an aviation analyst, said that Papua is a particularly dangerous place to fly because of its mountainous terrain and rapidly changing weather patterns.

"I can say that a pilot who is capable of flying there will be able to fly an aircraft in any part of the world," he said. THE ASSOCIATED PRESS

CHINA

Port blasts linked to sodium cyanide

Authorities pulled more bodies from a massive blast site at China's Tianjin port, pushing the death toll to 112 on Sunday as teams rushed to clear dangerous chemicals and prosecutors prepared an investigation into those responsible for the disaster.

More than 700 people were injured and 95 people — including dozens of firefighters — are missing after a fire and rapid succession of blasts late Wednesday hit a warehouse for hazardous chemicals in a mostly industrial area of Tianjin, 120 kilometres east of Beijing.

95

The estimated number of missing people following fire bursts at a Chinese warehouse on Wednesday.

By Sunday, authorities confirmed there were "several hundred" tonnes of the toxic chemical sodium cyanide on the site at the time of the blasts, although they said there have not been any substantial leaks.

Sodium cyanide is a toxic chemical that can form a flammable gas upon contact with water, and several hundred tonnes would be a clear violation of rules cited by state media that the warehouse could store no more than 10 tonnes at a time.

THE ASSOCIATED PRESS

IN BRIEF

Former NAACP leader and civil rights activist dies at 75

Julian Bond, a civil rights activist and longtime board chairman of the NAACP, has died. He was 75.

The Southern Poverty Law Center says Bond died Saturday night in Fort Walton Beach, Fla., after a brief illness. Bond was considered a symbol and icon of the 1960s civil rights movement.

THE ASSOCIATED PRESS

Sixty same-sex couples say 'I do' in Puerto Rico

More than 60 couples from around the region have gathered in Puerto Rico's capital to exchange vows at a same-sex marriage ceremony.

The Sunday ceremony in San Juan's colonial district is taking the couples through the traditional marriage vows following the U.S. Supreme Court ruling requiring every state to recognize same-sex marriages. THE ASSOCIATED PRESS

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Battle of brewers looms

RETAIL

Canadian beer giants set to fend off push by SABMiller

A beer war is brewing in Canada as SABMiller seeks to grow its presence following its divorce from partner Molson Coors.

Just four months after forming a Canadian subsidiary, the world's second-largest brewer is targeting dominant rivals Molson Coors and Inbev's Labatt.

"To say that we're going to overtake the two big boys would be a bit of stretch so I would be happy to settle in at No. 3," said general manager Paul Verdu.

To get there, SABMiller Canada hopes Miller Lite — available in Ontario and Newfoundland until 2010 — will steal market share from dominant players Coors Light and Bud Light.

Miller Genuine Draft, previously sold for about 20 years through a partnership with Molson Coors Canada, and premium brands such as Peroni, Pilsner Urquell and Grolsch will also be sold in Canada, though primarily outside Quebec.

All of SABMiller's products will be imported from the United States or Europe.

Global demand for lower-alcohol products such as Coors Light is growing. THE ASSOCIATED PRESS

> **I would be happy to settle in at No. 3.**
> Paul Verdu

Global demand for light beers has been growing. It accounts for about half of total beer sales in the U.S., but less than 30 per cent in Canada.

Beer market specialist Plato Logic estimates light beers account for 20 per cent of total beer volume and have been growing 2.1 per cent annually over the past five years.

Verdu sees opportunities for the "original" light beer — Miller Lite — if only the beermaker can convince Canadian drinkers to give it a try.

The company plans to spend heavily to promote its brands and hopes to get help by not charging Ontario bars and restaurants the hefty premium they face from all other brewers except Brick Brewing's Waterloo brand.

The move, which will amount to establishments paying the same amount that consumers fork out at the Beer Store, is an incentive for bars and restaurants to carry more SABMiller brands, says James Rilett, Ontario vice-president of industry association Restaurants Canada. He said bars and restaurants will save an average of $10 per case of beer, or almost $75 million annually.

Verdu said SABMiller is also trying to appeal to Canadian consumers by promoting the taste and features of its products instead of "gimmick marketing" that focuses on lifestyle advertising.

THE CANADIAN PRESS

IN BRIEF

GlaxoSmithKline set to reopen bacteria-hit plant

Drugmaker GlaxoSmithKline plans to resume operations on Monday at a North Carolina plant that closed Aug. 11 after bacteria that cause Legionnaires' disease was found in cooling towers. The plant in Zebulon produces inhaled medications. About 400 employees were told to stay away until the towers were cleaned and disinfected.

THE ASSOCIATED PRESS

China moving to more sustainable growth: IMF

The International Monetary Fund says that so far, China is successfully managing a transition to slower but more stable growth. It predicted the Chinese economy will grow 6.8 per cent this year and 6.3 per cent in 2016 after registering 7.4 per cent last year. The IMF sees the deceleration as part of a deliberate plan to wean China from overdependence on exports and toward growth built on consumer spending.

THE ASSOCIATED PRESS

GREECE

Merkel rules out debt cut, says no certainty bailout will succeed

German Chancellor Angela Merkel says there's no certainty the latest bailout for Greece will succeed but she is hopeful the country can overcome its economic crisis if it adheres to the agreements forged with its creditors.

Merkel also told German broadcaster ZDF on Sunday that Greece can't expect its debt to be cut.

The International Monetary Fund has insisted that Greece must be given some form of debt relief before it will participate in any new bailout, something Germany wants.

But Merkel said while repayment periods may be extended and interest rates can be tweaked, a so-called debt "haircut" is ruled out.

$29 billion

Finance ministers of the 19-nation euro single currency group on Friday approved the first $29 billion US of a new bailout package for Greece.

Dozens of lawmakers in Merkel's conservative bloc plan to oppose the new bailout package for Greece at a special session of Parliament on Wednesday.

This past Friday, finance ministers of the 19-nation euro single currency group approved the first 26 billion euros ($29 billion US) of a vast new bailout package to help rebuild Greece's shattered economy.

The approval came after Greece's parliament passed a slew of painful reforms and spending cuts after a marathon overnight session that divided the governing party, raising the spectre of early elections.

Ten billion euros will be available to recapitalize Greece banks, while a second slice of 16 billion euros will be paid in instalments, starting with 13 billion euros by Aug. 20 when Greece must make a new debt payment to the European Central Bank. THE ASSOCIATED PRESS

German Chancellor Angela Merkel waits for the beginning of her first cabinet meeting after her summer holidays in the Chancellery in Berlin. GERO BRELOER/THE ASSOCIATED PRESS

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BANKRUPTCY PROTECTION

Nine West asks for more time to seal deal

Sherson Group, the operator of Nine West shoe stores in Canada, will ask a judge this week for more time to stave off creditors as it works on a plan to sell itself to its U.S. supplier.

The Toronto-based company says it has reached a purchase agreement with a division of Jones Apparel Group, the New York-based company which has licensed its Nine West brand to Sherson for years and supplied its merchandise.

But Sherson is asking the court to extend its creditor protection until Oct. 4, which it says would provide enough time to draw up a proposal to the other creditors owed money. An Ontario Superior Court judge will consider the motion on Thursday.

Sherson Group operates 43 Nine West locations in Canada, two factory outlet stores and a wholesale operation and has 549 employees. The company owes $32.2 million to more than 60 suppliers, lenders and other businesses, according to documents filed earlier.

In documents filed recently, Sherson lawyers said financials at the Canadian company were so tight it couldn't afford to purchase enough footwear to keep its stores in stock for the fall season.

"The only chance to save the business as a going concern is therefore to sell to Nine West Group," the company said in the court filing.

The documents say Sherson also considered a liquidation of its stores, but concluded that preserving the business would be a benefit to all of the stakeholders and that the undisclosed purchase price "compares favourably to what would be obtained in a liquidation."

In an affidavit, CEO Stephen Applebaum said Sherson Group was affected by the sudden drop in the value of the Canadian dollar and a "failed pricing and volume purchasing strategy" that was put in place by Nine West Group.

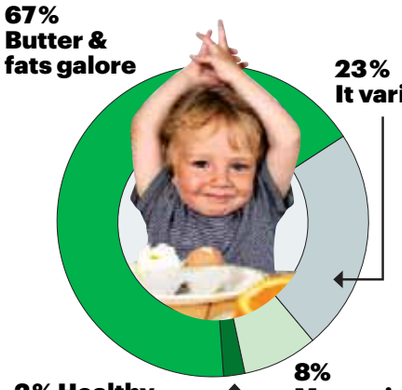
Applebaum, who also owns the company, has been listed as being owed $415,413 while associated company Stephen Applebaum Inc. is owed $3.4 million. THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Monday, August 17, 2015

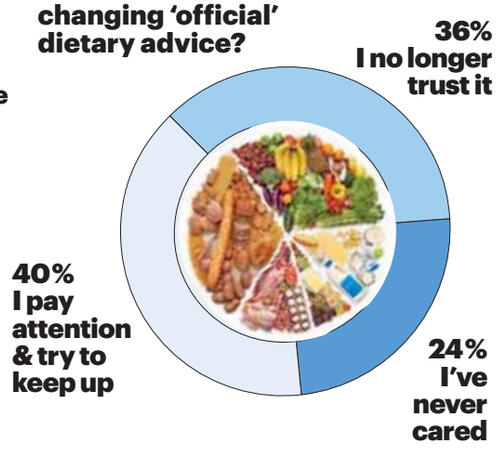
POLL: IS BUTTER BETTER?

It's been the conventional wisdom for half a century: Fat is fatal. But McMaster University researchers analyzed dozens of past studies and found no link between saturated fats — the tasty ones found in meats, butter and eggs — and death from heart disease, diabetes or stroke (trans fats are another story). It's the latest in a litany of studies reaching the same conclusion. We asked our readers if they've rethought the fats they feed their families.

WHAT DID YOU EAT GROWING UP?



How do you feel about the often changing 'official' dietary advice?



Have you changed your approach to fat?

32% I've always eaten saturated fat. Butter forever!
29% I watch my saturated fats more now.
15% I don't think about types of fats.
14% Thanks to research, I've been eating more saturated fat again. Butter is back!
10% I've been following a low-fat diet for life.

990 RESPONDENTS

Answer our poll every Friday at metronews.ca

A few more politicians could be good for us

TORY'S TORONTO
Matt Elliott

In what was very exciting news for fans of municipal geography, the Toronto Ward Boundary Review group released its second major report last week.

Based on extensive consultation and study, the report presents five options for redrawing Toronto's ward boundaries.

This is important. Trust me.

It's overdue. As it stands, Toronto's 44 wards — each of which elects a city councillor — are grossly imbalanced. Ward 23 in Willowdale, the most crowded ward with an estimated 2014 population of 93,784, has twice as many people as least-populous Ward 18 in Davenport.

If the ward boundaries aren't changed, the imbalance will grow worse.

Toronto is a growing city, but it's not growing everywhere. Certain areas — generally downtownish urban areas with lots of condos — are set to swell in population. Meanwhile, stable residential neighbourhoods will mostly see the population decline, as homes that once housed large families are gobbled up by childless yuppies with dreams of converting bedrooms into artisanal yoga lounges.

This has significant ramifications. Because every councillor is allotted one vote at council — regardless of ward size — population imbalance means city issues that mostly affect dense urban areas will be increasingly decided by politicians who represent predominantly suburban areas.

There's also a question of accessibility. People need to be able to call on their councillors to serve as advocates when dealing with problems. As ward populations grow, councillors will invariably find it harder to be responsive.

These are important concerns. But, unfortunately, the issue has so far been ground down to an overly simplistic premise. Because three of the five options presented in the report suggest increasing the number of wards, the debate has been framed as a question of whether Toronto really needs more politicians.

"The last thing we need is more politicians," declared Mayor John Tory in a statement soon after the report was unveiled.

Rob Ford — a little-known councillor from Etobicoke — also spoke out against the idea.

"Right now, we're dysfunctional. You see council meetings going on with 44 people," he told Metro in an interview. "The fewer the councillors the better. That's all we hope for."

I don't agree.

Sure, council is often pretty dysfunctional, but that's a function of its structure, not its size. There are a bunch of structural reforms worth discussing — things like delegating more issues to local community councils, or setting stricter limits on council debate — but those should be discussed separately from this process of ward boundaries.

It's far too simplistic to suggest council can be fixed by maintaining or reducing the number of councillors. Real reform isn't that easy.

Toronto's ward boundary process should be decided purely on the basis of equity and responsiveness. Size doesn't matter.

Matt Elliott lives and writes in Toronto. Follow him on Twitter @GraphicMatt

ROSEMARY WESTWOOD

metroview

Why we resist and deny facts that don't match our beliefs

There are ideas, there are opinions, and there are harder-held beliefs.

And once a person gets hold of a few of these, it sometimes seems, they'll never let them go. As if there's no way to change a mind, and little interest in changing your own.

When I worked at a student newspaper, I had a conservative editor-in-chief. He was the first conservative I'd ever, knowingly, met.

Universities are hotbeds of liberalism, their newspapers among the most overtly political press in the country. He, you can imagine, was an outlier.

And yet we had some of the most interesting debates I've been party to. He made me think more clearly through his questions. He was far less dogmatic than the rest of us, far more curious, far less self-righteous.

Writing a column should be fodder for a good debate. I've considered an issue, tried to figure out what I think, and why. I've tried to prod others to do the same. Making people angry might get clicks, but making people think is surely a better goal.

And yet sometimes I fear it's impossible. I fear we argue, and mistakenly romanticize it as debate.

I'm not sure that anyone who wants to debate my column with me ever really tried to understand me in the first place. And thus, I'm not sure I care to understand them.

I doubt anyone who likes a column likes it because I made them think differently. I more likely gave words to what they already believed.

What can really change a person's mind? Or can anything?

A 2014 New Yorker piece explored the research behind false beliefs — opinions held despite overwhelming evidence to the contrary — and whether people who hold them can be convinced otherwise. It seems that "If information doesn't square with someone's prior beliefs, he discards the beliefs if they're weak and discards the information if the beliefs are strong."

In other words, if you challenge something I hold dear, I'm far less likely to accept your argument, no matter how irrefutable it may be.

Researchers did find a hopeful loophole: If you make someone feel safe, if you don't appear to fundamentally threaten who they are, they more easily shed false beliefs.

I would add that changing minds — the purpose of debate — is impossible if you value thinking you're right over being right.

So maybe I should be asking for your effort to understand me, if you can muster it. Even on my angriest of days, I'd rather be wrong than ignorant.

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Backyard fun: Quiet the dilemma

NEIGHBOURS

Complaints escalate the situation, so try having a conversation

Many would consider the sound of kids gleefully playing outdoors a natural soundtrack of the summer.

But one family in Pickering, Ont., located east of Toronto, was told the sound of their kids splashing in their backyard pool was deemed unreasonably disruptive by a neighbour.

On the very first day of summer vacation, Danielle Honsberger said she received a card from the municipality concerning a neighbour's noise complaint. It was later followed by a formal written notice.

"We didn't even know that we had offended anybody, and if they had spoken directly to us, we could have avoided this whole situation," said Honsberger, a mother of three children, aged seven, nine and 11.

"I would have been embarrassed and very respectful and been on the noise right away — but they never gave us that opportunity.

"I am a parent who is very present and very mindful of how we are heard in the community."

Across the country, municipalities are frequently forced to intervene when residents file complaints about noise disrupting their peace and quiet.

In Ottawa, officials say a total of 6,152 noise-related complaints were filed to the city between the beginning of the year and Aug. 11, with just under half related to loud music and about 1,500 loud shouting.

In 2013, Saskatoon received 1,694 noise complaints and 1,268 complaints specifically about noisy parties.

While statistics were not available, Winnipeg officials said most noise complaints in that city are typically about the roar of construction machinery and neighbours' air conditioners.

Susan Logan, executive director of the non-profit Mediation & Restorative Justice Centre in Edmonton, said neighbour disputes represent the largest percentage of their caseload.

Issues arise all year long, from complaints over placing snow on a neighbour's lawn — or simply not shovelling — to overgrown trees, she said.

Complainants are encouraged to approach their neighbour about their annoyances rather than leaving the task to an outsider.

"If you got a letter in the mail that said: 'One of your neighbours has an issue and would you like to call us so that we can talk about it,' you're going to be defensive right (from) the beginning," Logan said.

"We're trying as much as possible to set a stage from the very beginning that's a stage of collaboration."

Eva Malisius, program head of conflict analysis and management programs at Royal Roads University in Victoria, B.C. said the first step towards resolving a dispute over noise should involve telling a neighbour directly how they've been affected by the disruption.

"Just having that opportunity to hear the other side, usually, neighbours are very open to that. If you do file a complaint, that already escalates it," Malisius said.

Failing that, many communities offer mediation services with a neutral third party offering help, she noted. If all of those steps don't lead to success, then a formal complaint can be an option.

Mediators generally don't try to convince either neighbour that they're right or wrong, Logan said. Instead, they focus on having each side reflect on the situation and determine whether they'd like to address the issue further.

"We try to move people from a position on something — so 'You have to cut the tree' — to a position of 'Why would cutting the tree be of value?' And: 'Is there an alternative to cutting the tree?" Logan said.

"Just going over to your neighbour and saying: 'This is what I want you to do,' or 'This is what I need you to do' isn't going to help the situation."

Kim Thompson, manager of Pickering's bylaw enforcement services, confirmed that an official complaint has been filed about the Honsberger family but wouldn't go into details about the case. She said no charges have been laid.

"In general, if there's a noise complaint during daytime hours, the complainant has to indicate that they can hear the noise when they're inside their house with all the doors and windows shut," Thompson said.

Honsberger said she hasn't heard anything further from the city or the complaining neighbour, and maintains that the family have and will continue to use their backyard in a "respectful manner."

THE CANADIAN PRESS

Honsberger has received two noise complaints regarding her three children, ages 11, nine and seven, for being too loud in their backyard swimming pool. She says they're only home from about 4 to 6 p.m. each night to swim. SABRINA BYRNES/TORSTAR NEWS SERVICE

SOUND OFF

Summer bummer

Toronto Municipal Licensing & Standards Division said they generally receive more complaints in the summer. Common complaints are amplified sound, motorcycle and construction noise.

THE CANADIAN PRESS

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UBREW co-founders Wilf Horsfall, left, and Matthew Denham salute the home brew trend in England; closer to home, there are plenty of ways to make your own pint of beer. GETTY IMAGES

Hops to it: Brew your own to save

FRUGAL FERMENTATION

Why craft beer at home? It's cheaper than bottled water

Kyle Prevost
youngandthrifty.ca

I have often said that if beer is an acquired taste, then you might as well acquire a taste for cheap beer.

Many brew aficionados would disagree with my assessment of adult beverage choice, claiming instead that something as precious as a lager, stout or ale should be savoured as a delicacy and that intense scrutiny should accompany every sudsy indulgence.

Luckily there is a solution that can satisfy both my quest for fermented frugality and the pristine palate of beer connoisseurs: brewing your own hops-filled masterpiece.

A five-gallon beer kit can be purchased for about $30, depending on the recipe you want to brew. Add another $10 for yeast and bottle caps, and the input costs will run you around $40. Five gallons is roughly equivalent to fifty-three bottles of beer. This gives us a per-beer cost of about 75 cents — that's cheaper than bottled water!

In much of Canada, even the cheapest discount beers cost $1.40 per 341 ml serving. The "middle class" of beers such as Labatt Blue or Molson Canadian, often come in around $1.60. This is of course assuming you're purchasing your poison of choice at a vendor and not in a bar or restaurant — where of course the per-serving cost skyrockets.

If we assume that the average beer-drinking Canadian consumes a 12-pack in an average week, and that they prefer a popular domestic vintage, the weekly cost would be $19.20 or just under $1,000 annually. Self-brewing by comparison could net you the same amount of beer (at a higher alcoholic content if that's what you're into) for $9 a week, or $468 over the course of a year. That's an annual savings of roughly $532 — not counting any drinks you save yourself from purchasing in a bar or club.

There are some initial start-up costs and depending on how fancy you want to get, they can range from 50 bucks to more than $200. As always, looking around online or checking out some used equipment can save you some hard-earned cash. Often you can find brewing kits that have barely been taken out of the box when looking online, and as a one-time cost, it's definitely worth it if you use the kit for a couple of years.

There is no telling how much your own time vs. beer crafting enjoyment value ratio will play into our brewing equation. I know some people who love making their own beer so much that they would pay a premium do so, while others see it as a little hobby that can help them stretch their entertainment budget. Take pride in your brewmaster skills and enjoy one for me this summer, Canada!

ECONOMY

Most Canadians don't feel better off since last election, poll finds

Chris and Mariana Thomson don't believe they're better off in the four years since the federal Conservatives captured a majority government in 2011.

The Toronto couple, Chris, 40, a medical adviser for a pharmaceutical company and Mariana, 36, a medical writer, have seen soaring costs for everything from utility bills to food, clothing and transportation, but their paycheques are barely keeping pace.

"Housing prices have gone up and our salaries have not gone up equivalently, and that's been the biggest hit for us," Chris Thomson said in an interview as he and his wife went for a walk with their nine-month-old daughter, Stella.

The Thomsons are similar to the majority of Canadians — 51 per cent — who recently answered "no" when a Forum Research poll asked them, "Are you better off now than you were in 2011?"

The poll, conducted earlier this month, found only 34 per cent of respondents said yes.

When the survey results are broken down by age, at least 50 per cent of Canadians ages 35 to 65 and older believe they aren't better off.

Forum Research president Lorne Bozinoff says the poll results may not bode well for the Conservatives in the federal election this fall.

Forum's findings suggest Conservative support in the election might be limited to that 34 per cent who truly believe they are better off than they were four years ago, he argues.

"Who would vote for them if they feel they're worse off now, when the government made the economy one of their key things?" Bozinoff argues.

> **"Who would vote for them if they feel they're worse off now?**
> Lorne Bozinoff, president Forum Research

Fifteen per cent of those surveyed said they don't know if they're better off now than in 2011.

The Conservatives have made the economy one of their key planks heading toward the Oct. 19 vote. Leader Stephen Harper's Conservatives have promised a balanced budget for 2015, though Jean-Denis Fréchette, the Parliamentary Budget Officer, says that's unlikely.

In a bid to help families with children, the Conservatives recently increased the Universal Child Care Benefit, adding new payments for children aged 6 to 17 and increasing payments for children under age 6.

Meanwhile, the Liberals are promising to scrap the Conservatives' new benefits and lower taxes for the middle class while hiking taxes for the rich.

The NDP is promising $15-a-day daycare spaces that would be funded in part by modest corporate-tax increases.

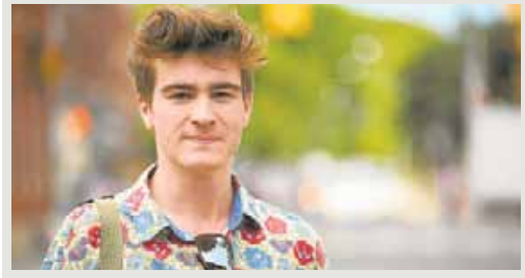
TORSTAR NEWS SERVICE

18 TO 34 YEAR OLDS EVENLY SPLIT

Student debt a concern

The number of 18- to 34-year-olds who believe they are better off since 2011 — 41 per cent — is equal to the number who say they are not better off, according to the poll.

Liam Crober-Best, below, who will begin studying at Sheridan College in Oakville in September, has struggled to find part-time jobs and is expecting to be hit with massive student debt. TORSTAR NEWS SERVICE



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APOTEX
ADVANCING GENERICS

Data protection key to wearables success

TECHNOLOGY

Consumers want most info collected kept private

The next generation of health-focused wearables could revolutionize the way people live, but only if consumers can be certain that their data remains confidential.

While even the most enthusiastic technophile would accept that the market for wearable technology is still in its infancy, what is also clear is that, for the moment at least, the clearest use case for consumers and the biggest sales involve devices centred around health and fitness.

According to Canalys, some seven million fitness and health tracking wearables were sold, not shipped, just in the first three months of 2015 and demand is about to peak following the launch of the Apple Watch.

But as more uses are found for wearables, according to research and consultancy firm Frost & Sullivan, health will continue to be the biggest driver in terms of consumer adoption and innovation.

"Wearable devices will extend beyond fitness tracking to include two-way communication between the user and the healthcare ecosystem," said Frost & Sullivan Information & Communication Technologies Senior Research Analyst Shuba Ramkumar.

Apple, Samsung and Google have made no secret of their desire to help consumers become active participants in their health and well-being — be it through collecting data for scientific research, providing direct connections with healthcare professionals or monitoring existing conditions.

"The majority of connected health consumers are not ready to share their data.

Jennifer Kent, director of research quality and product development

"Though a number of applications currently address the business-to-consumer market, wearable devices will eventually offer support to healthcare institutions by sharing real-time data collected by the consumer," Ramkumar said.

However, convincing consumers to share that data willingly could prove to be a huge potential stumbling block.

Research published this week by Parks Associates finds that the greater the amount of data a device collects, the less willing a user would be to share it in return for a health insurance discount.

For example, 42 per cent of pedometer owners would be willing to share data, but that drops to 26 per cent for those who use a sleep quality monitor. What's more, 35 per cent of U.S. broadband homes said that they are "very concerned" about their personal health information remaining confidential.

"Monetary rewards are generally considered among the strongest incentives to generate consumer response, but the majority of connected health consumers are not ready to share their data in exchange for discounts on services or products at this time," said Jennifer Kent, director of research quality and product development at Parks Associates, of the findings.

AFP

Even technophiles want to be assured that information about their health remains confidential. PABLO CUADRA/GETTY IMAGES FILE

APP REVIEWS KRIS ABEL'S DIGITAL PICKS FOR THE WEEK

MIND THE APP

Kris Abel
@RealKrisAbel

GAME

Zombi

• Xbox One/PS4/PC
• Rated: Mature 17+

That your dead self joins the zombies when you fail is certainly worth a smile in an otherwise claustrophobic nightmare that often feels overwhelming. There are no bullets, which some will find to be a restrictive, fun challenge; others less so.

COOKING

PopSugar Moms – Back To School Edition

• iPhone/iPad
• Free

This diverse recipe collection offers easy lunches, healthy snacks, and meals kids can help with. The slideshow lists are disappointing, even with the great photos, but the video tutorials make up for them.

WORK HARD
PLAY HARD
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Learn screenwriting, directing, cinematography, editing and take your idea to the big screen !
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FITNESS

Runner's World Go

• iPhone
• Free

Combining magazine articles with a GPS tracker that records distance, pace, and time, Go also taps into AccuWeather forecasts for the novel addition of workout clothing recommendations.

EBOOK

You're Never Weird On The Internet

• Kindle/iBooks/Kobo

Felicia Day relates the unexpected turns she's taken to have a career in web culture, something she insists you have to be an oddball for.

CREATIVITY

Colorfy

•iPhone/iPad
• Free

This free collection of colouring books for adults offers illustrations of animals, florals, and famous paintings. Zoom in and fill between the lines with simple taps. There's an undo tool and options to share your works online.

PLAY TO YOUR STRENGTHS

Be happier on the job in 3 easy steps

Here's a fact that will surprise no one who has ever worked in an office: 50 per cent of people are unhappy in their job.

"Workplaces are really good at inducing stress and anxiety and fear and worry," says workplace well-being expert Michelle McQuaid. "They're not so good in bringing out the best in people."

That's why she's launching the global One-Week Strengths Habit Challenge starting Aug. 17. Just follow these three steps and you'll be on your way to kicking butt at your job and loving it.

1 Identify your strengths

When asked to list their top five strengths, most people have no idea what they're good at or what their best qualities are.

Fortunately there are lots of free strength-assessment tools online, such as the VIA Survey (viacharacter.org).

"It only takes 10 minutes, and it identifies your character strengths — so things like curiosity, humour, kindness, gratitude," McQuaid says.

2 Figure out how you already use your strengths

Once you nail down your top strengths, ask yourself how you're already using them.

"Think about the last time you were engaged and energized and enjoying your work," says McQuaid.

"Those are the moments you're using your strengths — that's why we feel good about them. By looking at those moments you can start to identify, 'So that's how my curiosity is being used in this role,' or, 'That's how I use kindness effectively at work.' And as you start to spot those, it becomes possible to think about how you can do a little bit more of that each day."

3 Develop a habit

The final step: Consciously use that strength. Every. Single. Day. McQuaid says that she's very curious, so when she was beginning to feel restless in her role as a global brand director, she decided to utilize her hunger for information by reading one new thing a day when she first got into the office.

"Ten minutes is perfect to develop a positive habit, because it's excuse-proof — it's nothing. And you don't need anyone's permission — you don't need to change your job description to do it. You just need to be willing to stick with it."

Spending 10 minutes honing your own strengths at work will not only improve your attitude — it might land you a promotion.

"Do more of what you do best each day, and the other people around you can see the potential of what you have to offer as you go about your job," says McQuaid. "And in my experience that starts to open different opportunities for you as time goes by."

RAQUEL LANERI/METRO NEW YORK

Smile all work week long by making a simple change. ISTOCK

By slowing down and asking thoughtful questions, you can turn negative feedback into a productive conversation. ISTOCK

Stay calm and learn from work critiques

CONSTRUCTIVE FEEDBACK

Take criticism in stride and you'll likely face less of it

OFFICE RELATIONS

Eleni Deacon

It's hard enough to take a compliment — but taking critiques can verge on intolerable. Even if it's just one so-so remark on an otherwise glittering performance review, less-than-fuzzy words can still sting. Some of us get defensive; some prefer outright denial. These dodges, however, don't help you improve. The purpose of constructive feedback is to steer employees toward better behaviour — so they won't need as much guidance in the future. Want to hear less criticism? Get better at absorbing it.

When you feel burned, it's tempting to scorch back. Arguments, eye-rolls, angry silence: These are all common — and understandable — responses to negative commentary. But while retaliating is satisfying, it won't boost your standing in the eyes of your evaluator. Whether you're being addressed during a planned meeting or an on-the-fly chat, take a moment before you react. Listen to the criticism — not your pounding heart or the voices in your head formulating a slew of sarcastic rebuttals. By maintaining neutrality, you demonstrate that you have the maturity to self-assess.

As you're hearing the case, weigh its accuracy. Is there validity to the claims? This is the really tough part: recognizing when a bad grade is deserved. Rather than simply agreeing with what's being said, request clarification regarding what went wrong and how it can be corrected. Many managers are just as uncomfortable giving unfavourable feedback as those receiving it, and may want to rush the process. But by calming down, slowing down, and asking thoughtful questions, you can both leave the conversation with concrete ideas for how to move forward.

> **The really tough part: recognizing when a bad grade is deserved.**

This doesn't mean you must cheerfully agree when a critique is unfair or untrue. If you believe your low score isn't merited, explain the circumstances but avoid excuses. Acknowledge the bumps in your output — "I agree that project was not as polished as it could have been" — then outline the reasons for your lapse — "At the time I was juggling four clients and had no choice but to prioritize." By recognizing your own slip-ups, you can articulate the backstory without looking like you're trying to skirt blame.

Just as important as accepting pointers: putting them into motion. Post-discussion, prove your receptiveness by proactively targeting your professional weak points. Everyone has areas that need tweaking, and while it may be hard to hear about them, they shouldn't rouse shame. Be gracious during your dialogue, and follow up with prompt, visible action. Then at least when comes to weathering criticism, you'll get an A+.

WOMEN TO WATCH IN 2015

Self-made and richer than me and you

Forbes, the leader in decimating your self-esteem, has a new list of people who are better than you.

This time around it's the "8 self-made women to look out for in 2015."

On top of the list is our friend Jessica Alba, who Forbes reports owns up to 20 per cent of The Honest Company, which "saw revenues grow from $10 million 2012 to $150 million in 2014."

Alba's company however has recently found itself in hot water, when customers began to complain that the natural sunscreen the company sells doesn't work.

Up next on the list? Oscar-winning actress Sandra Bullock. According to Forbes, Bullock found herself on the list because of her successful production company Fortis Films, her Oscar noms and wins, her huge paycheques and because she owns two restaurants in Texas. MATTHEW LEE/METRO IN NYC

THE EIGHT GREATS

1) Jessica Alba — Actress and entrepreneur

2) Sandra Bullock — Actress, producer, entrepreneur

3) Cindy Monroe — Entrepreneur

4) Taylor Swift — Musician

5) Natalie Massenet — Journalist and entrepreneur

6) Lynn Jurich — Entrepreneur

7) Lisa Falzone — Entrepreneur

8) Angela Ahrendts — Businesswoman

Jessica Alba tops Forbes' list of self-made women. GETTY IMAGES

TINNITUS
Lilly battled with tinnitus for many years. After coming across Ear Tone™ she finally relieved her condition. Here is her story:

The ringing in my ears finally faded!

"My tinnitus problem started years ago. I was listening to music during a long bus ride and when I stepped off, I noticed a constant ringing in my ears. Over time the ringing kept coming back and the noise even increased. It was unbearable.

When a friend told me about Ear Tone, I bought a box with great anticipation. After starting the second box I noticed that the ringing was reducing in strength and it's been declining ever since.

I can't express how happy this makes me feel and how much I now enjoy some silence. I still take Ear Tone, just to make sure I keep my ears healthy and to prevent problems in the future.

I strongly recommend Ear Tone – it has made a world of difference to me."

Lilly P., Sweden

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Meek Mill is so over Drake feud

CONTROVERSY

Rapper seeks peace without apologizing directly

IN HOLLYWOOD
Ned Ehrbar

Our long, national nightmare was almost over, as Meek Mill revealed briefly his desire to put this whole business with Drake behind him.

The rapper posted a lengthy call for peace in an Instagram comment, but then quickly deleted it. But this is the Internet, so someone caught a screen grab before it was lost forever.

So what did Meek Mill have to say for himself? A lot, as it turns out. But most importantly: "I'm not entertaining no rap/real beef over Drake," he wrote.

"I don't feel like I gotta try to prove myself to the people and end up in a real situation over this fake rap s—. ... All this killer s— on social media is like walking ya self into prison and that ain't my lifestyle and don't really make sense to me."

I guess some people are better at apologizing than others.

Meek Mill maybe sort of calls for a ceasefire in Drake feud.
ALL PHOTOS GETTY IMAGES

BIRTHDAY

Family man Affleck

Ben Affleck turned 43 over the weekend, and how did he celebrate? By linking back up with soon-to-be ex-wife Jennifer Garner to take their three kids to Orlando, Fla. for a visit to Harry Potter World.

The whole family has been in Atlanta recently while Garner shoots a movie, so Orlando isn't too far a trip. The family "was just walking around the park like normal people." Can you imagine?

"They looked like they were having a great day together," a source tells E! News, confirming that Affleck and Garner were "smiling and the kids looked very happy and adorable, too."

NED EHRBAR/METRO HOLLYWOOD

GOSSIP BRIEFS

Dolce's delayed apology

It's been nearly half a year since Domenico Dolce — of Dolce & Gabbana fame — earned the ire of Elton John and gay parents everywhere by calling babies born via IVF "synthetic children," but he's sorry, guys — just really belatedly sorry.

"I am so sorry. It was not my intention to offend anyone," the designer tells Vogue.

NED EHRBAR/METRO HOLLYWOOD

Lupita rides Splash Mountain

Lupita Nyong'o was in Anaheim to promote her upcoming film Star Wars: The Force Awakens so she decided to take the opportunity to knock something off her bucket list: going to Disney Land. And I'm glad she did, if only because this Instagram post of her riding Splash Mountain is priceless, including her caption: "Well, this is clearly what courage looks like." Clearly.

NED EHRBAR/METRO HOLLYWOOD

metro SPORTS

Top- seeded American twins the Bryans win the Rogers Cup doubles title in Montreal

Monday, August 17, 2015

IN BRIEF

Brewers prospect first openly gay active player

A Milwaukee Brewers minor leaguer has become the first openly gay player on a team affiliated with Major League Baseball.

David Denson, with the help of former major leaguer Billy Bean, reached out to the Milwaukee Journal Sentinel to tell his story.

The 20-year-old first baseman plays for the Helena Brewers in the rookie Pioneer League. Bean, MLB's first Ambassador for Inclusion, disclosed he is gay after his playing career.

"Talking with my teammates, they gave me the confidence I needed, coming out to them," Denson told the newspaper. "They said, "You're still our teammate. You're still our brother. We kind of had an idea, but your sexuality has nothing to do with your ability. You're still a ballplayer at the end of the day. We don't treat you any different. We've got your back.'

"That was a giant relief for me," he added. "I never wanted to feel like I was forcing it on them. It just happened. The outcome was amazing."

On Sunday, the Brewers lauded Denson as a "highly respected member" of their family and "a very courageous young man."

"Our goal for David is to help develop him into a major league player, just as it is for any player in our system, and we will continue to support him in every way as he chases that dream."

THE ASSOCIATED PRESS

Jays swing past Yankees

MLB

Win pulls team back to within a half-game of AL East lead

Thanks to a little luck and a lot of good pitching, the Toronto Blue Jays staved off a sweep at the hands of the New York Yankees.

Drew Hutchison turned in his second straight strong start, and the top of the lineup made the most of a ball getting lost in the sun as the Blue Jays beat the Yankees 3-1 Sunday afternoon at Rogers Centre.

Toronto cut New York's lead in the American League East back down to a half-game with seven games left between the division rivals.

In 6-2/3 innings, Hutchison allowed just four base-runners on three hits, including a solo home run. The much-maligned right-hander with a 5-plus earned-run average struck out five to become the 14th pitcher in the majors to hit 12 victories this season.

Hutchison got there because the Blue Jays took advantage of their biggest break of the day, when Yankees left-fielder Carlos Beltran lost a fly ball in the sun in the third inning. Troy Tulowitzki ended up on second with what was later scored a double.

An RBI double by Josh Donaldson got the Blue Jays on the board, and a two-run shot by Jose Bautista, his 28th home run of the season, broke open an inning that could've been over.

Blue Jays starting pitcher Drew Hutchison stretches before his first pitch in Toronto on Sunday. Hutchison pitched 6-2/3 innings, fanning five batters and allowing only three hits before leaving the game in the seventh to a standing ovation.

FRED THORNHILL/THE CANADIAN PRESS

SUNDAY In Toronto

BLUE JAYS	YANKEES
3	1

Base-running blunders kept the Blue Jays from doing any more damage, as did Yankees starter Luis Severino, who struck out a career-high nine in his third major-league start.

Hutchison helped the Blue Jays (65-54) make some more history of their own. He made it the 20th straight game that the starting pitcher allowed three or fewer earned runs, extending a franchise-record set Saturday.

The 24-year-old left to a rousing standing ovation from the sellout crowd of 46,792. Relievers Brett Cecil, Aaron Sanchez and Robert Osuna finished the Yankees (64-52) off to make the Blue Jays 15-3 since making a flurry of trades in late July.

THE CANADIAN PRESS

REMEMBERING 'THE DRIVE OF '85'

Jays pay tribute to first AL East championship team

Even 30 years later, the 1985 Toronto Blue Jays' playoff loss still stings.

The Blue Jays had finally gotten over the hump to capture the American League East with 99 wins. But the Jays ultimately blew a 3-1 ALCS series lead to the Kansas City Royals to see their title dreams dashed.

The franchise's first division-championship was honoured Sunday at Rogers Centre. "The Drive of '85" got the full pre-game ceremony treatment Sunday afternoon before the Blue Jays faced the New York Yankees.

THE CANADIAN PRESS

ROGERS CUP

Murray edges past Djokovic; Bencic upsets Halep in finals

Andy Murray defeated Novak Djokovic 6-4, 4-6, 6-3 to win the US$4.1-million Rogers Cup on Sunday, ending an eight-match losing streak to the world's top-ranked player.

Second-seeded Murray posted his fourth tournament victory of the year. He won $685,200 for claiming the Rogers Cup for a third time after hoisting the trophy in 2009 and 2010. His three wins tie Djokovic, Rafael Nadal and Andre Agassi for second place all-time behind Ivan Lendl's six victories.

The two top seeds split the first two sets in a three-hour match in hot, muggy conditions at Uniprix Stadium. It played out with Murray serving at 3-1 in the third, already up a break.

A ferocious baseline battle went to deuce 10 times and Murray fought off six break points to all but put the match away.

Djokovic had two more break points in the final game, but Murray pounded two service winners and eventually won when Djokovic hit a ground stroke long after a brief rally.

With the win, Murray will take over the world No. 2 ranking from Roger Federer for the third time in his career.

On the women's side, unseeded Swiss teen Belinda Bencic defeated Simona Halep 7-6 (5), 6-7 (4), 3-0 to win the Rogers Cup women's final Sunday afternoon at the Aviva Centre.

Andy Murray

THE CANADIAN PRESS

The victory over the second-seeded Romanian capped a week of upsets for Bencic. She beat four of the top five seeds — including top-ranked Serena Williams in the semifinal — to claim her first Premier-Five level title.

Bencic earned US$456,000 for her second career WTA Tour title.

Halep, who was looking for her fourth title of the season, earned $227,640 as runner-up.

In the men's doubles final, twin brothers Bob and Mike Bryan defeated Daniel Nestor of Toronto and Edouard Roger-Vasselin of France 4-6, 6-3 10-6.

The women's doubles final was scheduled for later Sunday with third-seeded duo Bethanie Mattek-Sands and Lucie Safarova meeting fourth-seeded Caroline Garcia and Katarina Srebotnik.

THE CANADIAN PRESS

Belinda Bencic

FRANK GUNN/THE CANADIAN PRESS

Parapan Am Games about more than medal counts

PARAPAN 2015

Athletic successes inspire youth

Stephanie Dixon remembers returning home from the 2000 Paralympics in Sydney, and being unable to celebrate her successes with anyone.

Nobody knew what Paralympic sport was.

"Here, after having these Parapan American Games in Toronto, I know that none of our athletes will ever have to put their heads down coming home from competition," said Dixon, a former Paralympic swimmer and the assistant chef de mission of Canada's team in Toronto.

"They'll be able to raise their heads up high and be proud of their accomplishments. All of our athletes are being put in a position of being a role model and a hero in our country.

"And that just makes me so proud."

Canada set a target of finishing top-three in medals at the Parapan American Games, that wrapped up Saturday. Mission accomplished. The team went one better, finishing second with 168 medals — 50 gold, 63 silver and 55 bronze. Brazil finished atop the table with 257 medals (109-74-74), while the United States was third with 135 medals.

But the victory of these Games wasn't just about medals won, but about the fans won over along the way. The victory was in the jam-packed crowd that watched Canada's wheelchair rugby team beat the U.S. for gold, and a similarly large and noisy crowd that cheered on Canada's wheelchair basketball teams, which both came away with silver.

"Who's to say that a young child living with an impairment hasn't been inspired by what they've seen on TV and decided to take up para-sports?" said Craig Spence, communications director for the International Paralympic Committee. "You'll see next year in Rio a whole host of young British athletes who were inspired by the 2012 London Paralympic Games, and I think you'll see a similar situation here, Canadians who've been inspired by the performances of Aurelie Rivard will be wanting to compete.

"These Games will leave many legacies, but you don't judge them by the end of play tonight, but over the next 10 or 15 years."

These were the largest Parapan Am Games in history, with 1,600 athletes competing.

Canada fielded its largest-ever team of 216 athletes, and the results showed. Among the highlights: Rivard, a 19-year-old from Saint-Jean-sur-Richelieu, Que., won six gold medals in swimming, and set a world record.

THE CANADIAN PRESS

A collection of athletes watch a fireworks display at City Hall in Toronto during the closing ceremonies.
DARREN CALABRESE/THE CANADIAN PRESS

MEDAL COUNT

With the dust settled on the Parapan Am Games, Brazil finished atop the standings with 257 medals, while Canada finished second with 168 medals. Here is how the top five broke down.

Brazil: 109 (G), 74(S), 74 (B)
Canada: 50(G) 63(S) 55 (B)
U.S.: 40 (G) 51 (S) 44 (B)
Mexico: 38 (G) 36 (S) 39 (B)
Colombia: 24 (G) 36 (S) 30 (B)

Athletes from champion Brazil arrive for the festivities.
DARREN CALABRESE/THE CANADIAN PRESS

Brooke Henderson is just 17 years old. THE ASSOCIATED PRESS

GOLF

Canadian teen wins LPGA event

Brooke Henderson won the Cambia Portland Classic by eight strokes Sunday to become the third-youngest champion in LPGA Tour history at 17 years, 11 months, 6 days.

The Canadian from Smiths Falls, Ont., closed with a 3-under 69 at Columbia Edgewater to finish at 21-under 267, the lowest total since the event went from 54 holes to 72 in 2013.

Lydia Ko set the age record as an amateur in the 2012 Canadian Women's Open at 15 years, 4 months, 2 days. She also won the Canadian event in 2013 at 16, and won four times at 17. Lexi Thompson won the 2011 Navistar LPGA Classic at 16 years, 7 months, 8 days. Henderson's eight-stroke margin is the largest in the history of the event and the biggest on the LPGA Tour since Jiyah Shin won the 2012 Women's British Open by nine shots.

Henderson also became the first Canadian winner since Lorie Kane in the 2001 Takefuji Classic and joined Laurel Kean as other only Monday qualifiers to win. Kean accomplished the feat in the 2000 Rail Classic.

Henderson earned $195,000 and has made $661,818 in 10 events this year. Last year, LPGA Tour Commissioner Mike Whan denied Henderson's age petition, preventing her from playing Q-school. Because she's assured of finishing among the top 40 in earnings this year, Henderson will earn a tour card for 2016.

Henderson bogeyed the final hole, only her third dropped stroke of the week, and had 24 birdies. She got into the field Monday with a 68, then shot 66-67-65 to take a five-stroke lead into the final round.

Pornanong Phatlum (68), Ha Na Jang (70) and Candie Kung (70) tied for second.

THE ASSOCIATED PRESS

PGA CHAMPIONSHIP

Record-breaking Aussie Jason has his Day in sun

Jason Day led wire-to-wire Sunday at Whistling Straits to close out a record-setting PGA Championship and capture his first major title.

The 27-year-old Australian finished at 20-under 268 to beat Jordan Spieth by three shots. Day is the first player to finish at 20 under in a major.

Day shot 5-under 67, and never let Spieth get closer than two shots. Branden Grace finished third and Justin Rose was fourth.

A nice ending to the major season for a player who has endured some close calls and his share of heartache.

At the U.S. Open in June, he fell while walking during the second round. He had vertigo symptoms. But he played through the weekend and actually held a share of the lead after 54 holes before fading on Sunday.

At the British Open, he also was in the lead after 54 holes but ended up one shot out of a playoff. He closed the deal this time.

This was Day's 10th top-10 finish at a major. His first came here, in Wisconsin, at the 2010 PGA.

Earlier this week, Day said he knew if he kept putting himself in position, he'd eventually break through.

He was tearing up as he waited to hit the tap-in putt that would seal the victory. He did it, then raised both fists and buried his face in his caddie's shoulder. His son, Dash, ran to the 18th green to celebrate and Day carried him off the green. Soon, he'll cradle the Wanamaker Trophy.

THE ASSOCIATED PRESS

Jason Day, of Australia, celebrates after winning the PGA Championship JAE HONG/THE ASSOCIATED PRESS

City set tone with Chelsea rout

PREMIER LEAGUE

Shaky start to season for defending champions

SUNDAY In Manchester

3	0
MAN' CITY	CHELSEA

One point from two games. An unseemly spat with medical staff. A porous defence. A rival back to its rampant best.

The problems are piling up for Chelsea manager Jose Mourinho early in its Premier League title defence. In the first heavyweight showdown of the season, Chelsea was overwhelmed Sunday in a 3-0 loss at Manchester City that could have a lasting psychological effect among the two title favourites.

Sergio Aguero scored a stunning individual strike in the first half before Vincent Kompany and Fernandinho added goals in the final 11 minutes, as City displayed the kind of attacking swagger that took them to the title in 2014.

"Today we made the complete work," said City manager Manuel Pellegrini, who punched the air with delight after the final whistle as a solemn-looking Mourinho headed for the tunnel.

City tops the fledgling standings on maximum points, ahead of Leicester and Manchester United on goal difference, while Chelsea is fifth from bottom after an uncomfortable start to the season.

Such was Mourinho's concern after a one-sided first half at Etihad Stadium that he removed captain and central defender John Terry at halftime, in order to add pace to his backline. It was the first time in 177 league matches that Mourinho has substituted Terry. "He was not dancing in the dressing room," Mourinho said, "but I can tell you that he was not having a bad reaction."

Chelsea has conceded five goals in two games — it drew 2-2 at home to Swansea on the opening weekend — and isn't looking as dynamic going forward.

Throw in his much-publicized disagreement with two members of Chelsea's medical staff during the Swansea game, which led to them being dropped from match-day duties at City, and these are tough times for Mourinho.

City, which looks the early title favourite on this evidence, is already five points ahead of last season's champions. THE ASSOCIATED PRESS

ELSEWHERE

In Sunday's other match, Arsenal won its first match of the campaign by beating Crystal Palace 2-1 away, restoring confidence after opening with a surprise 2-0 home loss to West Ham.

A stunning scissor kick by Olivier Giroud set Arsenal on its way in the 16th minute and it needed an own goal in the 55th by Palace defender Damien Delaney to secure the points at Selhurst Park. THE ASSOCIATED PRESS

City captain Vincent Kompany, right, celebrates after scoring. THE ASSOCIATED PRESS

IN BRIEF

Danish Dynaformer is victorious in Breeders Cup

Danish Dynaformer took the lead down the stretch and captured the 125th running of the $500,000 Breeders' Stakes on Sunday afternoon at Woodbine Racetrack.

Danish Dynaformer, the 7/5 favourite, sat no worse than third at any point in the race as jockey Patrick Husbands earned his fourth career Breeders' Stakes win, tying him with Sandy Hawley and Robin Platts for most all-time.

Trainer Roger Attfield also earned his ninth Breeders' title, boosting his record for most wins by a conditioner, as Danish Dynaformer won in 2:29.28 on a firm turf.

Conquest Boogaloo was second in the 1-1/2-mile race with Lucky Lindy third in 28 C temperatures with 58 per cent humidity.

Prince of Wales champion Breaking Lucky was last in the nine-horse field. THE CANADIAN PRESS

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RECIPE Lemon Pasta Vegetable Salad

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Rose Reisman
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A perfect chilled or room temperature pasta salad that is great as a main meal or side. **Serves 4.**

Ready in
Prep time: 15 minutes
Cook time: 8 minutes

Ingredients
- 8 oz rotini (preferably whole wheat)
- 2 cups sugar snap peas
- 2 cups grape tomatoes, sliced in half
- 3 oz crumbled feta cheese
- 3 Tbsp fresh chopped dill Dressing
- 3 Tbsp olive oil
- 3 Tbsp lemon juice
- 1 Tbsp Dijon mustard
- 1/2 tsp minced garlic
- Salt and pepper

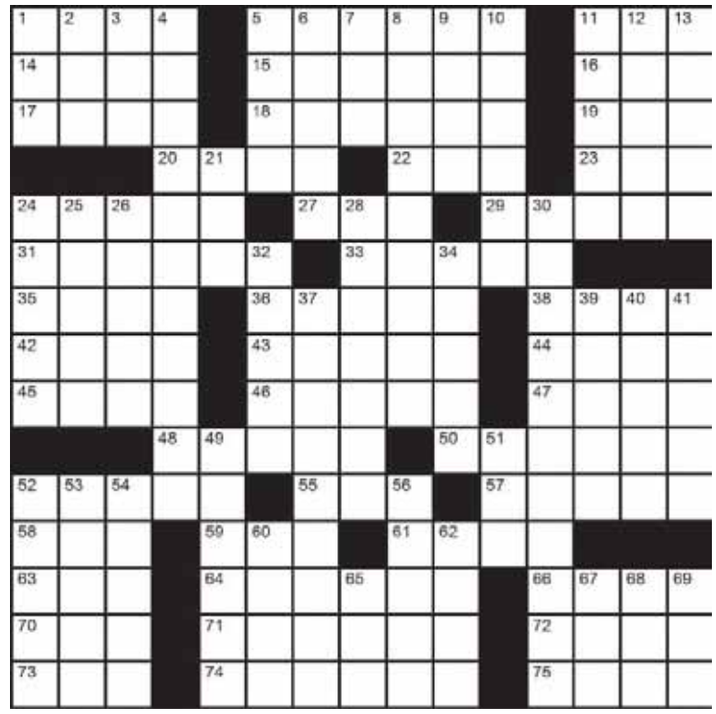
Directions
1. Cook pasta in boiling water according to package directions. In last two minutes, add snap peas and cook just until crisp. Drain, saving 1/4 cup of the pasta water. Rinse pasta with cold water until pasta and peas are no longer warm. Add to serving bowl along with reserved water, tomatoes, feta and dill.
2. Add ingredients for dressing and mix well.

Nutrition per serving
- Calories 370
- Protein 12 g
- Carbohydrates 47 g
- Fibre 6 g
- Total fat 15 g
- Saturated fat 3.5 g
- Cholesterol 5 mg
- Sodium 400 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Fly __ Home" (1996)
5. Security system device
11. Corn throwaway
14. Health club offering using mats
15. Montreal 'star'
16. 'Select' suffix
17. Birthers of baby baa-ers
18. Aerobics moves
19. Canadian train name
20. Jewellery material
22. Red significance on a tap
23. Sign-off
24. Cleanse thoroughly
27. Ouest's opposite
29. Rob of "Melrose Place"
31. "Sex and the City" character
33. Overthrow
35. Wipes
36. Bearded, as wheat
38. Sales slips, shortly
42. Like/seemingly: 2 wds.
43. Wounded by a bull
44. "Dies __": Latin hymn meaning 'Day of Wrath'
45. Ms. Wilson of "La Femme Nikita"
46. France's longest river
47. Not yet final, at law
48. Marsh plants
50. __ Thesaurus (Popular book of synonyms)
52. There's one appearing in "I, Robot" (2004)
55. Body of water
57. Mr. Zimbalist Jr.
58. Tic-Tac-Toe losing row
59. Groove
61. iPhone's voice-activated helper
63. English __.
64. Exhibits buoyancy
66. Colossal
70. Dutch city
71. Remove one's identity badge, perhaps
72. Peru's capital
73. Poivre's pal
74. Paula Abdul once cheered for them
75. Companies: Marketing or Accounting, e.g.

DOWN
1. Nautically nae-not
2. "Impressive!"
3. Ripen
4. Bit of #37-Down: "I'm going on down to __ __ / I'm going to join in a rock 'n' roll band..."
5. Hawk
6. Musical piece for Chopin
7. __ sequitur
8. Tourist
9. Margarine
10. One taking a break
11. Spotted cat-like mammal
12. Pertaining to sheep
13. Necklace bits
21. "Either he goes __ _ go!"
24. Abandon
25. Reason
26. William __ (British remixer/producer)
28. Break of day
30. Buffalo __ (Pre-CSNY group)
32. Bald __ (North American bird)
34. Bovid bag
37. Joni Mitchell song covered by CSNY about the same-named 1969 music festival
39. Town __ (Newsgiver of yore)
40. Flavour
41. Earthquake
49. Bawling out
51. "Whistle __ the Lave O't": Song by Scottish poet Robert Burns
52. __ Notes (Literature aids)
53. Rusty stuff, Iron __
54. Traveller's lodging
56. Awakened
60. Forearm bone
62. Web connectors, commonly
65. Ginger beverage
67. "American __" (1999)
68. Little devil
69. Meower

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
It's no big deal if you feel a bit left out. You are sending out signals to those around you that you don't want to be bothered too much and friends and colleagues are simply respecting your unspoken wishes.

Taurus April 21 - May 21
You will be put to the test and pass with flying colors. No matter how big the challenge you are big enough to meet it. You were born to lead and you were born to succeed.

Gemini May 22 - June 21
Some intense cosmic activity will encourage you to deal with events you usually avoid. Chances are you will deal with them so well, you'll wonder what all the fuss was about.

Cancer June 22 - July 23
The planets promise success and riches beyond your wildest dreams. Okay, so maybe it won't be quite that spectacular but it will be worth having. Don't get carried away though. What took so much effort to acquire won't take much effort to lose.

Leo July 24 - Aug. 23
A feud that has taken up too much time and energy must be resolved. Today's planetary set-up will give you the courage to make changes. Hopefully others will accept them.

Virgo Aug. 24 - Sept. 23
You like to be in control but that may not be possible today. If you are smart you will let others take the wheel. Yes, you will enjoy the ride.

Libra Sept. 24 - Oct. 23
You need to scale down your ambitions a bit. Don't think of it as giving up things you like, think of it as making more room for things you love.

Scorpio Oct. 24 - Nov. 22
If your private life is in a bit of a mess then now is the time to sort it out. The planets will help you make necessary changes but you have got to be honest with those you love. Don't just tell them what they want to hear.

Sagittarius Nov. 23 - Dec. 21
For some strange reason you seem to believe that you are not really good enough to compete at the highest level, but nothing could be further from the truth. You have so much talent at your disposal.

Capricorn Dec. 22 - Jan. 20
So many things are changing but the long-term results will be favourable. A week or so from now you will have a much more positive view of what is going on.

Aquarius Jan. 21 - Feb. 19
Do everything in your power to get along with partners, colleagues and employers. You must to be willing to compromise, even if it means you get slightly less while they get more.

Pisces Feb. 20 - March 20
Personal matters are causing you a lot of concern and things are likely to come to a head when the Sun links with Saturn at the end of the week. Between now and then be good to yourself and get plenty of rest.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	7	3	4		8	6	2	
			1		7			
4			2		5			9
	6					5		
1			7		9			2
			5		3			
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